

# *Le Spa*

du METROPOLE

## LE SPA DU METROPOLE

### Location:

Le Spa du Metropole occupies a quiet corner of the Sofitel Legend Metropole Hanoi, overlooking the swimming pool and courtyard. The hotel and spa are within walking distance of Hanoi's charming Old Quarter, also known as the "36 Streets," and close to many other historical and cultural landmarks. Le Spa offers a serene and exclusive setting for legendary body treatments.

### Interior Design:

*P49 Design and Associates*

Spanning two stories and 400 square meters, eight styled treatment rooms give guests a variety of aesthetic options, making each return visit to Le Spa a new, unique experience. With a touch of Indochine-inspired architecture, Le Spa's atmosphere is influenced by both the Metropole Wing's classic look and the Opera Wing's contemporary feel.

**Belle de Jour & Reve de Soie Rooms:** In these single rooms, French architecture is paired with Asian interior design. Off-white wooden wall panels with decorative moldings give a distinctive flair.

**Tonkin Suite:** Inspired by romantic memories of Indochina, East meets West in this couple suite. While the pale jade color scheme is distinctly Asian, the wall panel design has western features. Jacuzzi is available.

**Annam Suite:** This couple room's aesthetics evoke French neoclassical style. Exquisite features make this suite memorable, such as the gray striped timber moldings and the glass mosaic behind the hydrotherapy bathtub. Jacuzzi is available.

**Hoa Dao Room:** Red, a propitious color in Vietnam, is thematic in this room, which is imagined as a living space for wealthy Vietnamese fascinated by traditional emblems of elegance and style. This is a single treatment room.

**Sabai Room:** With a graceful blue and white decorative scheme, our single massage room draws inspiration from the Marukhathayawan Summer Palace in Thailand. Summer palace

**Exquis Room:** With geometric forms throughout, this single retro room uses French methods of simplifying art deco style to yield a pure, minimalist look. Warm colors create a cozy atmosphere.

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**Products:** Le Spa du Metropole offers the ultimate union of health and relaxation in the privacy of an intimate setting. Treatments are provided with international and local high-end products:

- **Sisley & Sothys**, a renowned range of skincare products from France
- **Ytsara**, a luxury spa product brand from Thailand
- Exclusive oil blends and essences formulated for Le Spa du Metropole by Laurent Severac, a renowned perfumer from Grasse, France

**Treatments:** Le Spa treatments artfully blend ancient beauty secrets and holistic rituals from the East with contemporary therapies from the West. Essences that reflect the traditional scents of Vietnam and those reminiscent of an Indochina Journey have been blended to provide a signature ambient scent for the spa areas, including the linen, to complement the entire spa experience. In addition, our music selection allows guests to immerse themselves in a world of relaxation and wellbeing from the moment they enter the spa with different music selection in each area of the spa.

To add a special, customised touch to the treatments, the signature massages and body rituals have been designed exclusively for Le Spa du Metropole by **Madame Galya Ortega**, a renowned international holistic specialist from Paris, France.

**Opening hours:** Le Spa is open from 10am to 10pm daily.  
The last treatment reservation is at 9 pm.  
Le Spa is open to guests of the hotel and to non-residents.

**Address:** Sofitel Legend Metropole Hanoi  
15 Ngo Quyen Street  
Hanoi, Vietnam 100 000

**Reservations:** (84-24) 3826 6919, ext. 8700  
[H1555-TH2@sofitel.com](mailto:H1555-TH2@sofitel.com)

**Spa Manager:** Le Bac HA (Ms.)

**Awards:** 2010 Hot list Spa by Condé Nast Traveller  
2011 Asia's Best Urban Spa of the year by Asia Spa Magazine  
2013 Best Hotel Spas (No.5) in the world by Travel + Leisure

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**Sofitel Legend and & Sofitel So are two labels that come to enrich Sofitel Luxury hotels**

*Sofitel Legend hotels are iconic and mythical; they are often centuries-old listed heritage buildings: Sofitel Legend Metropole Hanoi (2009), Sofitel Legend The Grand Amsterdam (2010), Sofitel Legend Old Cataract Aswan (2011), Sofitel Legend Santa Clara (2012) and more to come.*

*Sofitel So hotels are new « boutique hotels » characterized by a stylish focus on contemporary design by famous architects and/or embellished by international celebrities from the world of fashion, design or art: Sofitel So Mauritius Bel Ombre, Sofitel So Bangkok and Sofitel So Singapore (2013).*

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